

More Prayers Before and After Mass or Communion

Before

The Five Points

I. I detest and abhor each and every sin of mine, and all of the other sins committed from the beginning of the world through this hour and that will be committed unto the end of the world: and, if I could, might I impede them by the grace of God, which I call upon on my knees.

II. I praise and approve of every good work done from the beginning of the world through this hour and that will be done unto end of the world; and if I could, might I multiply them by the grace of God, which I call upon on my knees.

III. I intend to act, to speak, and to think all for the greater glory of God, and with those good intentions which the Saints ever had, or will have, or can have.

IV. With all my heart I pardon and forgive all my enemies, all those who accuse me falsely, all my detractors, and all who have injured me in any way or have wished me evil.

V. O how might I save all men by dying on behalf of each! Freely would I do this by the grace of God, which I implore on my knees, and without which I can do nothing.

Prayer of St. Anselm

O LORD Jesus Christ, Son of the Living God, who according to the will of the Father and with the cooperation of the Holy Spirit hast by Thy death given life unto the world, I adore and revere this Thy holy Body which was given over and this Thy holy Blood which was poured forth for the many unto the remission of sins. O merciful Lord, I beg of Thy mercy that through the power of this sacrament Thou wilt make me one of that many. Through faith and love make me feel the power of these sacraments so I may experience their saving power. Absolve and free from all sin and punishment of sin Thy servants, Thy handmaidens, myself, all who have confessed their sins to me, those who I have promised or am obliged to pray for, and so too those who themselves hope or beg to be helped by my prayers with Thee. Make our Church rejoice in Thy constant protection and consolation. Thou who with the Father and the Holy Spirit reign, God, forever and ever. Amen.

Pater Caelestis

HEAVENLY Father, most compassionate Father, accept this day through the hands of Thy servant this most holy Sacrifice, the true

Body and Blood of Thy Son our Lord Jesus Christ. Accept it for the satisfaction and remission of all my sins, for the health and strength of my soul and that of all of my household, and of all those to whom I am obliged. Accept it for all the prelates, preachers, priests, and religious of the Catholic Faith. Deign to impart to them the grace of the Holy Spirit for the salvation of their souls and for the governance of the Christian people. Accept it for the salvation of all the sinners of this world, that Thou wouldst convert them and lead them to the path of salvation. Accept it for the consolation of all who are troubled. Grant them true repentance and help. Accept it for the refuge and liberation of all the souls in Purgatory, especially those who look to my help. And accept it for the conversion of all unbelievers, that they may know Thee, and love Thee, Thou who art the greatest truth, Almighty Father, who with the Son and the Holy Spirit art God. Blessed art Thou for ever. Amen.

After

Prayer from the Didache

WE thank Thee, Holy Father, for Thy holy Name which Thou hast made to dwell in our hearts, and for the knowledge, faith, and immortality which Thou hast made known to us through Jesus Thy Son; glory to Thee forever. Thou, O Lord Almighty, hast created all things for the sake of Thy Name, and hast given food and drink to all for their enjoyment, so that they might return thanks to Thee. Upon us, however, Thou hast bestowed spiritual food and drink and eternal life through Thy Son. Above all, we give Thee thanks, for Thou art almighty; glory unto Thee forever. Remember, O Lord, Thy Church. Deliver it from all evil and perfect in Thy love. Gather it from the four winds, sanctified in Thy kingdom which Thou hast prepared for it, for Thine is the power and the glory forever.

Let grace come and this world pass away. Hosanna to the Son of David. If anyone is holy, let him come. If not, let him repent. Maranatha! Amen.

Prayer of St. John Chrysostom

WE give Thee thanks, O most merciful Lord and Redeemer of our souls, for this day Thou hast made us worthy by means of these immortal and heavenly mysteries. Direct our way; keep us in fear of Thee; guard our lives; and make our steps firm through the prayers and intercessions of the glorious and holy Mother of God and ever-Virgin Mary. Be exalted above the heavens, O God, and above all the earth, Thy glory, now and forever and ever. Amen.